



Participant Handbook

April 2022

Directory

Coordinator:	Heidi Kastama (952) 496-8373
Probation Officer:	Katie Malecha (952) 496-8263
Treatment:	Sandy Mader-Chemical Health (952) 496-8503 Peter Lavanger- Northstar Regional (952) 361-1158
Human Services:	(952) 445-7750
Mental Health Center:	(952) 496-8481
Defense Attorney:	Michele Barley (320) 510-0214 Brian Moss (952) 361-3815
Drug Test Line:	(763) 452-9056 daily between 4am and 6pm

Recovery Support Numbers

Crisis Line:	(952) 442-7601
AA Support Line (24/7):	(651) 227-5502
Be Sober Hotline:	1-800-237-6237 (1-800-BE-SOBER)

DO NOT LOSE THIS BOOK!

You are responsible for knowing the information in this handbook. If you ever have questions on any of this information, please discuss with your probation officer and/or team member.

TREATMENT COURT STAFFING: MONDAYS 12:00 PM

TREATMENT COURT HEARINGS: MONDAYS 1:30 PM

****Report to court by 1:00 PM***

Court Ordered Assignments:

Verification of Any Court Ordered Assignments or Requirements
Must be Submitted to Probation by 10pm the Sunday Prior to
Your Court Appearance

Welcome to Scott County Treatment Court

The treatment court has three main principals for you during your time in the program:

Honesty

- Quality of being truthful, even after doing something wrong
- Being honest with probation, treatment court team, treatment providers, mental health providers, sponsor and/or others working with you regarding drug/alcohol use, mental health concerns, struggles you may be facing and successes.

Show Up

- Attend all treatment sessions, court hearings, probation meetings, drug tests and any other appointments required of you
- Be on time, respectful and participate

Try

- A sincere attempt and effort to do something
- Put in effort to work towards your recovery, program requirements, treatment services, mental health services or any other programming requested of you



Weekly Staffing

Each week you attend court, the team meets prior to discuss how you're doing with treatment, drug tests, meetings, mental health services and other program requirements. The team works together to determine whether you are on the right course for your recovery and will decide on incentives, sanctions or other interventions needed.

*****Staffing is not open to the public or open for participants to attend***

The Treatment Court Team consists of:

- Treatment Court Judge(s)
- Defense Attorney
- Treatment Court Coordinator
- Community Treatment Provider
- Comprehensive Assessment Provider
- Assistant County Attorney
- Probation Officer
- Law Enforcement Liaison
- Psychologist
- Public Health Nurse

Treatment Court Hearings

Mondays at 1:30pm

***Must report by 1:00pm to check-in with probation and defense counsel*

You are required to appear in court weekly, every other week or monthly. How often depends mainly on your phase. Failure to appear may result in a warrant for your arrest.

The Judge will ask questions, talk to you about what's going well and what problems you may be facing. If you are doing well, your name will go into a drawing for a chance to win a gift card. Other incentives may also be given to you if you're doing especially well.

If reports show you are struggling in some area(s), the Judge will discuss this with you and determine future action. This may include a sanction and/or treatment response.

Non-Discrimination Policy

In compliance with the Americans with Disabilities Act, we will not discriminate on the basis of your handicap or disability status. Nor will we discriminate based upon gender, race, ethnicity, heritage, age, religion, marital status, socioeconomic status or sexual orientation. All federal and state equality codes will be enforced.

Confidentiality

The primary purpose of this program is treatment. Therefore, any statements made by you in the treatment court program shall not be used against you for the charging of other offenses or in other court proceedings (regular court).

However, statements made by you in the treatment court program which pertain to any mandatory reporting requirements (abuse or neglect of a child or vulnerable adult) may be used against you in another court hearing.

Under certain circumstances, statements you make in court about criminal conduct not related to your Treatment Court file may be admissible in other criminal proceedings. You should consult with your assigned Treatment Court attorney before discussing unrelated criminal conduct.

Grievance Policy

If you have questions or concerns regarding how you have been treated while in treatment court or feel that you have been treated unfairly or in an abusive manner, please contact one of the following people:

Program Issues: Coordinator, Heidi Kastama 952-496-8373

Fellow Participant Issues: Coordinator, Heidi Kastama 952-496-8373

Court Issues: Minnesota Judicial Center 651-297-7650

Probation Issues: Keri Lorenz 952-496-8286

Coordinator Issues: Keri Lorenz 952-496-8286

Treatment Issues: MN Department of Human Services, Licensing Division
651-431-6500

You may also complete a “SCTC Grievance Report” which will be reviewed at the next scheduled drug court team meeting. Request this form from any team member.



Courtroom Rules

- On time is a must! You are to be on time for all court appearances.
- No children under 10 are allowed in the courtroom and all other children are strongly discouraged to attend and must be approved by probation/team.
- Please respect the Judge and peers when they are speaking.
- You shall not approach the bench unless permission is obtained or if the Judge invites you to do so.
- All weapons are banned in the courtroom.
- All cell phones must be turned off and **turned in prior** to court starting.
- No texting, talking or playing on your phone during court proceedings. Your phone may be taken from you if you are found to be using your phone during court.
- No gum chewing, drinking, eating or smokeless tobacco is allowed while in the courtroom.
- No profanity will be tolerated.

Court Dress Code

Tops:

- Must cover shoulders. Halter tops, tube tops and spaghetti straps are not allowed.
- Men cannot wear muscle shirts or undershirts.
- Must cover waist of the bottom apparel. The abdominal area shall not be exposed. There can be no gap, front or back, between the pants and top.
- Cannot be transparent/see through.

Bottoms:

- Must fit and be worn at the waist (sagging is not permitted).
- Must be at or below the knee. No SHORT shorts or miniskirts.

Shoes:

- Footwear must be worn at all times.

Hats and Headwear:

- Baseball hats, stocking caps and knit caps must not be worn in the courtroom.
- Sunglasses may not be worn unless the individual suffers from a visual disability.

General Prohibitions:

Clothing must not display inappropriate writing or pictures, including references to violence, alcohol, drugs or sexual matter.

Curfew

Curfew extensions and passes can be granted by your probation officer or Treatment Court Team. All requests must be discussed with your probation officer in advance. Depending on type of request, a travel request form may need to be completed.

If you are in treatment with lodging and/or sober housing, any passes to stay outside of treatment or sober housing must be approved by probation as well.

If you have an emergency that would require you to be out past curfew, please contact your probation officer and leave a message. It's in your best interest to obtain some type of verification of the emergency that resulted in you being out past curfew.

Gambling Policy

As stated in your phase requirements, you are not allowed to enter any gambling establishments during your participation in treatment court. You are also not allowed to engage in any behavior where gambling/betting is the primary activity. This would include pull tabs, lottery tickets, scratch offs, sports betting, bingo, or other forms of gambling, unless approved by the treatment court team.

Adult Entertainment/Strip Clubs

While participating in the SCTC Program, you are not allowed to go to adult entertainment clubs and/or strip clubs. Failure to comply with this program rule may result in a sanction.



Cell Phones

Make sure your probation officer knows your phone number and if you change your cell phone number, make sure you let your probation officer know. You are only allowed to have one cell phone, unless approved by probation/the team. If you are found to be in possession of more than one cell phone without prior approval, you may be sanctioned.

It is strongly advised that you do not let others use your cell phone, not even for a “quick call.” Do not let your cell phone out of your possession. You are responsible for all calls, texts/messages and pictures on your cell phone and sent from your cell phone.

Major Life Changes

Major life changes often create anxiety, stress, worry and unstableness that can lead to relapse. Therefore, anytime you are considering major life change, such as employment, housing, school/education, marriage/divorce, etc. you will be required to complete a Change Plan Worksheet that the team will review regarding your major life change(s) and approve or deny the change(s).

Medical Marijuana and CBD Products

While participating in the SCTC Program, you are prohibited from the use of any products containing CBD. Failure to comply with this program rule may result in a sanction. You are also prohibited from the use of any non-FDA approved medical marijuana. You must provide medical necessity verification from a physician with expertise in addiction medicine prior to being approved for use.



Peer Support Group Meetings

You are required to attend weekly peer support group meetings. You will choose which type of meetings you want to attend. Alcoholics Anonymous (AA), Narcotics Anonymous (NA), Smart Recovery, Celebrate Recovery or any other recognized sobriety support meeting is allowed.

Attendance Requirements

If you are involved in a treatment program, whether that be inpatient, outpatient, aftercare or sober housing, you must comply with treatment's recommendations for peer support attendance. At a **minimum you are required to attend two peer support groups** a week and provide verification upon request.

If you are involved in treatment programming, attending treatment can count towards one required peer support meeting. If you have any questions on the frequency of peer support engagement, be sure to discuss this with your probation officer.

Sponsor or Mentor

It is a requirement you obtain a sponsor or mentor that you contact on a consistent basis. This person should be someone that has lived recovery experience and/or a person that can offer support to your recovery process. A sponsor/mentor is someone you can share things with, confide in, can count on for support and accountability with your recovery journey.

Peer Recovery Specialist (PRS)

There may be an opportunity for you to become a licensed peer recovery specialist that can assist others in their recovery journey. While involved in treatment court, you will not be approved to enroll in PRS classes until you are in Phase 4 of the program. Once in Phase 5, you will be eligible to seek employment as a PRS. This requirement is in place to ensure you are stable, engaged and firm in your own recovery, to be in the best spot to help others in their journey.

Why Do I Need To Address My Mental Health When I'm In Treatment Court?

Research has shown that there are strong ties between a person's mental health and chemical health. Mental health issues such as depression, anxiety, or trauma can influence a person's decision to use drugs/alcohol and can contribute to relapse. For example, if someone is feeling depressed, they might use to try to make sadness "go away," or if they have experienced trauma, they might use to try to avoid nightmares or memories of the trauma.

Also, drug/alcohol use can fuel mental health symptoms. For example, the drugs themselves or the consequences from someone's use such as family conflict, loss of employment, or loss of housing, may lead to symptoms of both depression and anxiety. Thus, addressing your mental health is a key part of your recovery and your ability to stay sober.

In Scott County Treatment Court, we consider the whole person in helping participants overcome their substance use disorder, and as part of this approach participants are expected to complete a Diagnostic Assessment to assess their mental health needs and to follow through with the recommendations from the assessment. Over the course of your time in Scott County Treatment Court, you may also complete updated diagnostic assessments and/or mental health screens to help evaluate any changes in your mental health status.



Program Phases

Requirements listed are general requirements for each phase, additional requirements can be added towards your phase advancement by the Treatment Court Team, based off your compliance/behavior.

***Clean Testing Date:** This is determined by the first negative ua you provide under SCTC supervision, which may differ from your personal sobriety date. If you were to have reported use, positive ua, missed ua, diluted ua or a tampered ua, any of these circumstances would restart your SCTC sobriety date.

Phase 1: Stabilization Part 1 – Showing Up & Speaking the Truth	
In Phase 1: I need to show up for all treatment and programming while being honest about my usage and any barriers towards success. When I show up and am honest, the team will identify and provide me the most appropriate treatment and services.	
Length of Phase:	60 days minimum
Minimum Phase Requirements	<ul style="list-style-type: none"> • Weekly treatment court attendance • Minimum of weekly probation contact • Submit to a minimum of 2 random drug tests per week • Curfew 9:30pm until 6am • Do not enter establishments that sell alcohol as their main source of business • Do not enter gambling establishments and comply with the gambling policy in my handbook • Obtain permission from the Court or my probation officer prior to traveling more than 50 miles away from my primary residence.
Minimum Criteria to Advance	<ul style="list-style-type: none"> • At least 14 continuous days of clean testing leading up to advancement • Approval from treatment court team
Phase Goals in Order to Advance	<ul style="list-style-type: none"> • Attending treatment as required. No unexcused absences. • Schedule and/or completed Diagnostic Assessment (if available) • Show up and participate in court hearings • Meet with probation as directed

Phase 2: Stabilization Part 2 – Digging Into Treatment	
In Phase 2: I need to really engage in all treatment and SCTC programming, including peer support. Engagement is more than just showing up and being truthful. It means I receive positive reports from treating professionals and members of the SCTC team, and active participation at SCTC hearings that shows I'm actively stabilizing my life towards the path of recovery.	
Length of Phase:	90 days minimum
Requirements	<ul style="list-style-type: none"> • Bi-weekly treatment court attendance • Minimum of weekly probation contact (may be home visit(s))

	<ul style="list-style-type: none"> • Submit to at least 2 random drug tests per week • Adhere to a 10pm until 6am curfew • Maintain appropriate housing • Do not enter establishments that sell alcohol as their main source of business • Do not engage in gambling or enter gambling establishments • Obtain permission from the court or my probation officer prior to traveling more than 50 miles away from my primary residence.
Minimum Criteria to Advance	<ul style="list-style-type: none"> • At least 30 continuous days of clean testing to advancement • Completion of phase advancement application • Approval from treatment court team
Phase Goals in Order to Advance	<ul style="list-style-type: none"> • Completed physical to address any medical needs • Attending treatment consistently, engaged in sessions and complying with treatment recommendations • Following recommendations from diagnostic assessment. • Starting to attend and provided proof of attendance in peer support groups or type of recovery group

Phase 3: Engagement in Recovery Part 1 – Building My Network

In Phase 3: I need to start developing pro-social activities to support a life of recovery. Building my network means keeping my peer support engagement and developing a relationship with a sponsor/mentor. I should also start focusing on my long-term health, housing, education, employment, driver’s license, or other life skill needs.

Length of Phase:	90 days minimum
Minimum Phase Requirements	<ul style="list-style-type: none"> • Biweekly treatment court attendance • Minimum of bi-weekly probation contact (may be home visit(s)) • Submit to at least 2 random drug tests per week • Adhere to an 11 pm until 6 am curfew • Maintain appropriate housing • Do not enter establishments that sell alcohol as their main source of business • Do not engage in gambling or enter gambling establishments • Attend cognitive skills programming • Must obtain permission from the court or my probation officer prior to travel outside the state of Minnesota
Minimum Criteria to Advance	<ul style="list-style-type: none"> • At least 45 continuous days of clean testing prior to advancement • Minimum of \$100 payment towards SCTC fee • Completion of phase advancement application • Approval from treatment court team

Phase Goals in Order to Advance	<ul style="list-style-type: none"> • Engaged in 30 hours of structured activity a week • Engaged in treatment, mental health services or any other services recommended • Engaged in peer support meetings or type of recovery group • Engaged in recommendations from diagnostic assessment • Developed relationship with a sponsor/mentor • Attending cognitive skills programming consistently • Making progress toward GED/Diploma, employment and/or valid driver's license • Attending 4 pro-social activities per month
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Phase 4: Engagement in Recovery Part 2 – Finding My Path to Recovery

In Phase 4: I need to further develop my recovery network and engagement in pro-social activities. I will regularly engage in peer support and have an established relationship with a sponsor/mentor. I will also now actively engage in addressing long-term health, housing, education, employment, driver's license, or other life skill needs.

Length of Phase:	90 days minimum
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Minimum Phase Requirements :	<ul style="list-style-type: none"> • Monthly treatment court attendance • Minimum of bi-weekly probation contact (may be home visit(s)) • Submit to at least 2 random drug tests per week • Pay \$50 a month drug testing fee • Adhere to an 11:30 pm until 6 am curfew • Maintain appropriate housing • Do not enter establishments that sell alcohol as their main source of business • Do not engage in gambling or enter gambling establishments • Must obtain permission from the court or my probation officer prior to traveling outside the state of Minnesota
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Minimum Criteria to Advance	<ul style="list-style-type: none"> • At least 60 continuous days of clean testing prior • Minimum of additional \$100 payment towards SCTC fee • Payment of all monthly ua fees • Completion of phase advancement application • Approval from treatment court team
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Phase Goals in Order to Advance	<ul style="list-style-type: none"> • Engaged in treatment, mental health services or any other services recommended • Engaged in peer support meetings or type of recovery group • Developed relationship with a sponsor/mentor and having consistent contact • Completed cognitive skills programming • Engaged in 40 hours of approved structured activity • Making progress toward GED/Diploma, employment and/or valid driver's license
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	<ul style="list-style-type: none"> Engaged in 6 pro-social activities per month
Phase 5: Life of Recovery	
<p>In Phase 5: I need to demonstrate my commitment to living a life of recovery by continuing my recovery network and pro-social activities. I also show my commitment by completing my treatment plan goals along with any education, employment, housing, and/or driver's license requirements that put my best foot forward to living a life of recovery to my full potential.</p>	
Length of Phase:	90 days
Requirements:	<ul style="list-style-type: none"> Monthly treatment court attendance Minimum of bi-weekly probation contact (may be home visit(s)) Submit random drug tests as directed Pay \$50 a month drug testing fee Established safe, sober, and secure housing Do not enter establishments that sell alcohol as their main source of business Do not engage in gambling or enter gambling establishments Must obtain permission from the court or my probation officer prior to traveling outside the state of Minnesota
Commencement Requirements:	<ul style="list-style-type: none"> At least 90 continuous days of clean testing prior to advancement Paid treatment court fee in full All monthly ua fees are paid in full Completion of Graduation Application Approval from treatment court team
Phase Goals in Order to Graduate	<ul style="list-style-type: none"> Engaged in 40 hours of structured activity Engaged in 8 pro-social activities per month Engaged in peer support or form of recovery support meetings Established and engaged relationship with sponsor/mentor Completed cognitive skills programming Completed treatment plan goals Completed and/or in compliance with mental health services Obtained a valid driver's license Obtained Diploma or GED Ability to demonstrate network and community supports for your recovery

Graduation

Once the team has determined you have completed all necessary requirements for graduation, you will become a candidate for graduation. The general requirements for graduation are below, but are not limited to this list:

- Completion of treatment
- Completion or engagement of mental health services
- Engagement in recovery/community supports
- Engagement in pro-social activities
- Demonstrate network of support to your recovery
- Employed, full-time student or other approved structured activity
- Valid driver's license
- Completion of GED or Diploma



You will be encouraged to present a graduation message at your ceremony. You are also encouraged to plan your message and welcome to ask any team member for help. Your family and friends are welcome to attend your graduation ceremony.

Post-Graduation

After graduation, you will remain on probation for the remainder of your probation term. To assist and ensure your recovery is going well after graduation, you will be required to complete three scheduled review hearings with Scott County Treatment Court. These hearings will take place 60 days, 120 days, and 180 days post-graduation. At your 180 day hearing, the judge will determine if early discharge is appropriate or if there is a need for you to remain on probation supervision.



Alumni Opportunity

After completion of your 180 day check-in, you will be provided the opportunity to continue your connection with treatment court by becoming an alumni volunteer. You will be allowed to define your role and determine how you can stay connected and support participants in their recovery.

Incentives

Examples of accomplishments Treatment Court will recognize	Examples of how Treatment Court will recognize your accomplishments
<ul style="list-style-type: none"> • Periods of clean testing • Compliance with treatment plan goals • Obtaining employment • Obtaining stable housing • Completing phases • Educational achievements • Attending pro-social events not required by drug court • Speaking at recovery-related events • Managing difficult situations clean and sober • Obtaining individual housing • Driver's License reinstatement 	<ul style="list-style-type: none"> • Praise from the judge • Phase Advancement <ul style="list-style-type: none"> • Less restrictive curfew • Less frequent court appearances • Gift cards • Extra name in FB drawing • MVP bucks • Curfew extensions and overnight passes • Money off fines/fees • Graduation Ceremony • Dismissal of criminal case upon completion of probation



Sanctions

Examples of behavior that will be sanctioned in Treatment Court	Examples of sanctions used in Treatment Court
<ul style="list-style-type: none"> • Use of drugs/alcohol or • Refusing to submit to a drug test • Diluting/tampering with a drug test • Missed drug test • Dishonesty • Unexcused absence from: <ul style="list-style-type: none"> • court • probation appointments • treatment • sobriety support meetings • any service or event required by Treatment Court • Curfew violation • Failure to report employment, address or phone number change • Uncooperative behavior 	<ul style="list-style-type: none"> • Verbal reprimand • Essay or worksheet assignment • Apology letter • Community Service or STS • Impose previous phase restrictions <ul style="list-style-type: none"> • More restrictive curfew • More frequent court appearances • EHM/House Arrest • Increased testing • Treatment Response • Increased probation contact • Fine • Brief jail sanction • Team Round Table • Termination



Termination

The Treatment Court Team makes the final decision for termination from the program. Below is a list of behaviors that could result in termination (**this is not a full list**):

- Continued positive, missed or refusing urine tests
- Tampering, substituting or diluting urine tests
- Repeatedly failing to participate or cooperate with treatment and treatment recommendations
- Failure to participate or cooperate with mental health recommendations (such as individual therapy, group therapy, medication management, etc.)
- Continual dishonesty about drug/alcohol use, police contact, program compliance or other struggles that may be affecting your progress
- Repeatedly violating the treatment court participant contract, and/or general program rules of treatment court
- Giving away and/or selling any prescription or non-prescription medication(s)
- Serious violation of a new arrest does not automatically terminate, but team will discuss response to new offense

The following violations are grounds for automatic termination:

- Absconding (warrant status) for over 180 days
- Charges filed for an ineligible treatment court offense

All advancements, incentives, sanctions, graduations and terminations are subject to the discretion of the Court!



Participation Contract

- 1) **I agree to attend** all court sessions and appointments with probation, treatment, and law enforcement and to be on time; I agree to maintain contact as directed and sign all necessary releases of information.
- 2) **I will fully participate** in drug and/or alcohol chemical dependency treatment as directed by the court and/or treatment program I'm involved in. This could include continued treatment via outpatient, aftercare, sober housing and/or peer support. I will comply with all other programming requests as directed by the court, such as education, vocational, mental health services, public health services or cognitive skills.
- 3) **I will pay** restitution (if ordered) and all program fees ordered. **I agree that I will pay** the SCTC probation fee of \$500.00, whether I successfully graduate from the SCTC or not. I will also pay \$50 a month in Phase 4 and Phase 5 towards drug testing costs. Failure to make payments may result in not being eligible for fishbowl and/or may lead to further action by the court.
- 4) **I agree to comply** with random home visits by my probation officer, or other team members, including law enforcement and provide drug or breathalyzer tests as directed.
- 5) **I agree to random drug and breathalyzer testing** as directed by my probation officer or other team member (including law enforcement), at a minimum of two times per week. I will report any use of drugs and/or alcohol to my probation officer.
- 6) **I will not engage in behavior** to dilute, substitute or tamper any urine sample I may provide.
- 7) **I will not possess or consume** any mood-altering chemicals (illegal drugs, synthetic drugs, alcohol or controlled substances). I must provide medical proof of any medications I am taking.
- 8) **I will not use** any prescription drugs (i.e. muscle relaxer, pain medication) or over-the-counter medications **without prior verification and approval** from my probation officer. **I will inform** my providers of my involvement in SCTC and provide them with the SCTC doctor form. **I will sign** any necessary releases of information, including one for the MN Prescription Monitoring Program and understand refusal to sign could affect my eligibility status in Treatment Court.
- 9) **I understand it is my responsibility** to limit and avoid exposure to products that contain ethyl-alcohol, or any other mood-altering chemicals, read product labels and inspect them before I use them, and that use of the products detailed in the participant handbook but not limited to; containing alcohol, other substances, or medications not approved by the SCTC team, will not be an

excuse for a positive EtG, EtS. I will refer to the medication and food list provided in my SCTC Handbook.

- 10) **I agree to remain** in my residence during the hours specified in my phase curfew or curfew as ordered by the SCTC team. In the event of an emergency, I will notify my probation officer immediately or as soon as possible.
- 11) **I agree to keep the court, treatment provider and probation officer informed** of my current contact information (address and telephone number(s) to include work and cell) and that changes in contact information will not occur without the knowledge and consent of my probation officer. I may only possess one cell phone, unless approved by probation/SCTC Team.
- 12) **I must obtain permission** from the Court or my probation officer:
 - a. Phase 1 and 2: **Prior** to traveling more than 50 miles away from my primary residence, a two-week notice is required.
 - b. Phase 3, 4 and 5: **Prior** to traveling outside the state of Minnesota, a two-week notice is required.
- 13) **I understand that a requirement** of my involvement in SCTC is to have 40 hours of structured activity in Phases 4 and 5. This could be a combination of employment, education, mental health services, peer support, sponsor contact or any other approved activities. Verification of structured activity is required, and I will provide any requested documentation to verify my structured activity.
- 14) **I agree that I am subject, at any time, to a search** conducted by a representative of Scott County Community Corrections and/or a SCTC representative, which includes any law enforcement representative, without a warrant, of my person, place of residence, vehicle or other personal or real property. **This personal property includes cell phones (and any codes needed to access the phone's contents), and I agree that the full contents of my cell phone are subject to warrantless search.** I agree that I will have no reasonable expectation of privacy while participating in the SCTC.
- 15) **I understand that I am to remain law-abiding** in all respects, obeying state, federal and local ordinances. **I must report any contact with law enforcement within 24 hours to my probation officer**, whether or not I receive a ticket or are arrested. This also applies if I am with other people who are stopped. When in doubt, I will communicate with my probation officer. I am not required to report required curfew checks completed by law enforcement representatives.
- 16) **I understand that I will not** act violently or make threats towards other participants, staff or court personnel. Threats or intimidation towards anyone will not be tolerated.
- 17) **I understand that any breach** of this contract will result in a review of my case to determine my continued participation in the SCTC program or the imposition of court ordered sanctions including incarceration or termination.
- 18) **I understand that I will not act** as a confidential informant while a participant in Scott County Treatment Court.

19) **I acknowledge** that I have received a copy of the participation manual and am aware that the contract and participant handbook are subject to change.

Medications

You must report all medication (prescription and over the counter) use to your probation officer, PRIOR to taking the medication. You need approval for everything you take.

Approved over the counter medications (OTCs):

The following medications are approved to take **without** prior approval.

DO NOT TAKE MORE THAN THE DOSAGE INDICATES ON THE LABEL!

PAIN: (CANNOT be PM formula)

Advil/Aleve Tylenol
Ibuprofen Aspirin

VITAMINS

Multivitamins or Prenatal Vitamins are allowed
**No sports additives/supplements

STOMACH

Mylanta
Milk of Magnesia
Pepto Bismol
Tums/Roloids

ANTACIDS

Zantac
Pepcid
Prilosec
Tums/Roloids

JOINT PAIN

Tylenol Arthritis
Ben Gay Muscle Rub/Patches
Icy Hot Muscle Rub/Patches

ALLERGIES (CANNOT be D/DM)

Claritin Benadryl
Allegra Zyrtec

FLU SYMPTOMS

Thera Flu
Alka-Seltzer

COLD/COUGH

Delsym (non-alcohol/pediatric)
Mucinex (cannot be D or DM)

*******DO NOT TAKE*******

***Any medications on the below list must be reviewed with your probation officer, prescribed by a physician and a release of information must be signed for that physician.**

Sleep Aids/Hypnotics: Such as Ambien and Lunesta

Narcotic Pain Relievers: Such as Hydrocodone, Oxycodone, Demerol, Fentanyl, Morphine, etc.

Benzodiazepines: Such as Ativan, Valium (Diazepam), Clonazepam and Lorazepam

Muscle Relaxers: Such as Metaxalone, Methocarbamol, Orphenadrine, Tizanidine, Cyclobenzaprine, etc.

Cough Syrups: Containing Codeine and/or Alcohol

Below items are NEVER allowed to consume:

Over the Counter Caffeine Pills or Diet Pills

Do Not Consume Poppy Seeds or Food Items Containing Poppy Seeds (such as bread, bagels, muffins, etc.)

Remember: Do not take any prescriptions or herbal remedies without a valid prescription and completion of medical appointment form.

****Should you take an addictive medication, you will be required to provide documentation from your provider on the need for that medication vs. a non-addictive medication. You will also need to provide verification that your provider is aware you are in recovery and involved in treatment court. If you choose to continue taking the medication without verification from your provider, positive drug screens will be sanctioned and termination could result.**

Medical Appointment Form



SCOTT COUNTY TREATMENT COURT

I am a drug court participant

Name _____ Date of Birth _____

I am a recovering drug or alcohol addict enrolled in the Scott County Treatment Court program and need to provide verification of our appointment. If any medications are to be prescribed, I am requesting a non-narcotic medication. My probation officer is Katie Malecha. She can be reached at (952) 496-8263 if you need any additional information. Thank you.

Treating Medical Provider Signature _____ Date _____

Treating Medical Provider Printed Name _____ Date _____

Please feel free to contact my probation officer if there are any questions or concerns:

Katie Malecha
(952) 496-8263
kmalecha@co.scott.mn.us

Notes: _____

