



Read & Create: Winter Olympics To Go



Funded through
Metropolitan
Library Service
Agency

Watch our Silver Medalist Sarah Olympic Videos!
Available at bit.ly/SCLworkout

Kit includes:

- This activity sheet
- Olympic Medal craft supplies
- Ski Race game



SING TOGETHER: SKIING

(to the tune of "The Farmer and the Dell")

We're skiing in the snow.
We're skiing in the snow.
Up we climb, then down we go.
We're skiing in the snow.

Additional verses: Sledding, Snowboarding



TALK TOGETHER: Favorite Winter Day

Talk about a favorite winter day you had together.
What did you do? What made it special? What
activities would you like to do again? Why?

Use sequencing words such as first, next, then,
last to help tell the story in order.

Conversations like these help little ones develop story skills.



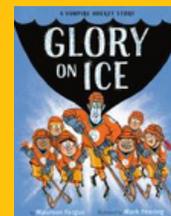
PLAY TOGETHER: Bobsled Fun

Create your own bobsled using an old cardboard
box. Cut off the side flaps. Use markers and
crayons to decorate your sled. Then pretend to
sled down the track!

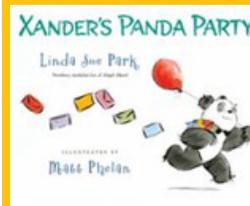
Booklist



Bunnies on Ice by
Johanna Wright

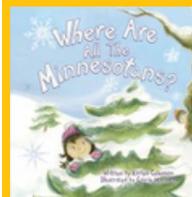


Glory on Ice
by Maureen Fergus



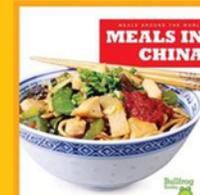
**Xander's Panda
Party** by
Linda Sue Park

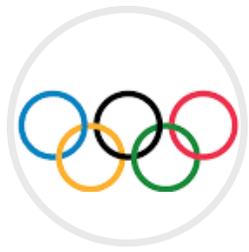
**My Weird School:
Teamwork Trouble**
Dan Gutman



**Where are all the
Minnesotans** by
K. R. Coleman

Meals in China
by R. J. Bailey





Read & Create: 3 More Activities



1. Olympic Medal Craft

Included:

- Wooden medal
- Red ribbon
- Gold stars



You'll Need:

- Markers or crayons
- Additional stickers or craft supplies

Instructions

- Pick something you're really great at and design your own Olympic medal based on the activity. Use markers, crayons, stickers or whatever else.
- Thread the ribbon through the hole of your wooden medal.
- Wear with pride!

2. Ski Race Game

Included:

- Racing tokens
- Die template
- Gameboard



You'll Need:

- Scissors
- Tape, glue or a paper clip

Instructions

- Cut out the racing tokens and die template (this is great scissor practice for kiddos!)
- Use tape or glue to create 3D pieces.
- Play the racing game. Take turns rolling the die then following the instructions.

3. At-home Olympics

Recreate some favorite Winter Olympic events without stepping outside.



- **Figure Skating:** Find some open floor space. Use socks on hard surfaces or bare feet on carpet. Put on a favorite song and create a skating routine.



- **Ski Jumping:** How long can you hold the ski jumping pose? Longest person to hold the pose wins!



- **Biathlon:** Set up a small obstacle course that ends with a small tower to knock down with a soft ball or other projectile. Who can be the fastest and most accurate?

What we're practicing...

- **Fine Motor Dexterity** - Grasping and controlling objects. Using crayons, markers, and scissors to create.
- **Large Motor Skills** - Jumping, stretching, and stopping.
- **Narrative Skills** - Learning to tell the order of events correctly.